



Recreation Worksheet for Retreat Groups

INCLUDED IN REGULAR WEEKEND PRICE:

Check desired activities below on left and indicate time so we can have equipment ready and coordinate use with other groups on site.

ADDITIONAL COSTS FOR FACILITATED ACTIVITIES:

Activities below on right are \$25 + hst per session or per facilitator - extend cost on right to estimate cost to your group.

Indoor - Gymnasium

Check if Desired	Activity	Time Slot (eg. 1PM to 3PM)
<input type="checkbox"/>	volleyball	
<input type="checkbox"/>	basketball	
<input type="checkbox"/>	floor hockey	
<input type="checkbox"/>	shuffleboard	

Check if Desired	Activity	Time Slot (eg. 1PM to 3PM)
<input type="checkbox"/>	team-building activities <i>cooperative tasks & low ropes elements indoors, with facilitator to set up and develop teachable moments</i>	

EXTENDED COST - # HRS X RATE

Indoor

<input type="checkbox"/>	craft room - for messy activities	
<input type="checkbox"/>	Giant Games: Jenga, Connect 4, Dutch Blitz, Labyrinth	

*Board games, crokinole, and puzzles also available in main lounge, or to take to your meeting space.
Pingpong available in gym.*

Outdoor - Spring / Fall

<input type="checkbox"/>	geo-caching - hand held GPS units are used to find one of four permanent caches on 0.4-2Km hikes	
<input type="checkbox"/>	mini-golf - 18 holes	
<input type="checkbox"/>	disc golf - 9 holes	
<input type="checkbox"/>	tetherball - 3 game sites	
<input type="checkbox"/>	volleyball - beach sand	
<input type="checkbox"/>	soccer	
<input type="checkbox"/>	basketball	
<input type="checkbox"/>	baseball	
<input type="checkbox"/>	shuffleboard	

<input type="checkbox"/>	Challenge Course - low ropes-style team building activity - weather dependent - accomodates about 10-12 people/hr with facilitator	
<input type="checkbox"/>	guided hike to beaverpond - ride in camp truck and ride or hike back - 15 people per session	
<input type="checkbox"/>	archery	
<input type="checkbox"/>	riflery	
<input type="checkbox"/>	campfire - seating for 80 - \$15	

Bocce ball sets and 'putt pool' balls also available to sign out at main desk.

Boating:

Victoria Day Weekend until Thanksgiving Weekend

NO LIFEGUARDS: swim at your own risk: requires adult supervision and adherence to boating rules

<input type="checkbox"/>	canoes, kayaks	
<input type="checkbox"/>	rowboats	

<input type="checkbox"/>	guided introduction to canoe/kayak paddling	
<input type="checkbox"/>	pontoon boat tour of lake 30 min. ride for 12 adults - \$25	

Outdoor - Winter

equipment supplied except for skates and helmets

<input type="checkbox"/>	cross-country skiing	
<input type="checkbox"/>	snowshoeing	
<input type="checkbox"/>	geo-caching - with skis or snowshoes	
<input type="checkbox"/>	tubing	
<input type="checkbox"/>	broomball	
<input type="checkbox"/>	skating/hockey - call ahead for ice conditions	

<input type="checkbox"/>	night tubing - torches supplied and lit	
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TOTAL

hst will be applied

Activity cost will be added to your final invoice if applicable.

